



Malaysian Endocrine
& Metabolic Society

SECOND ANNOUNCEMENT

MEMS ANNUAL CONGRESS

MAC

13
2023

Event ID: CPDE44739 (20 CPD Points)

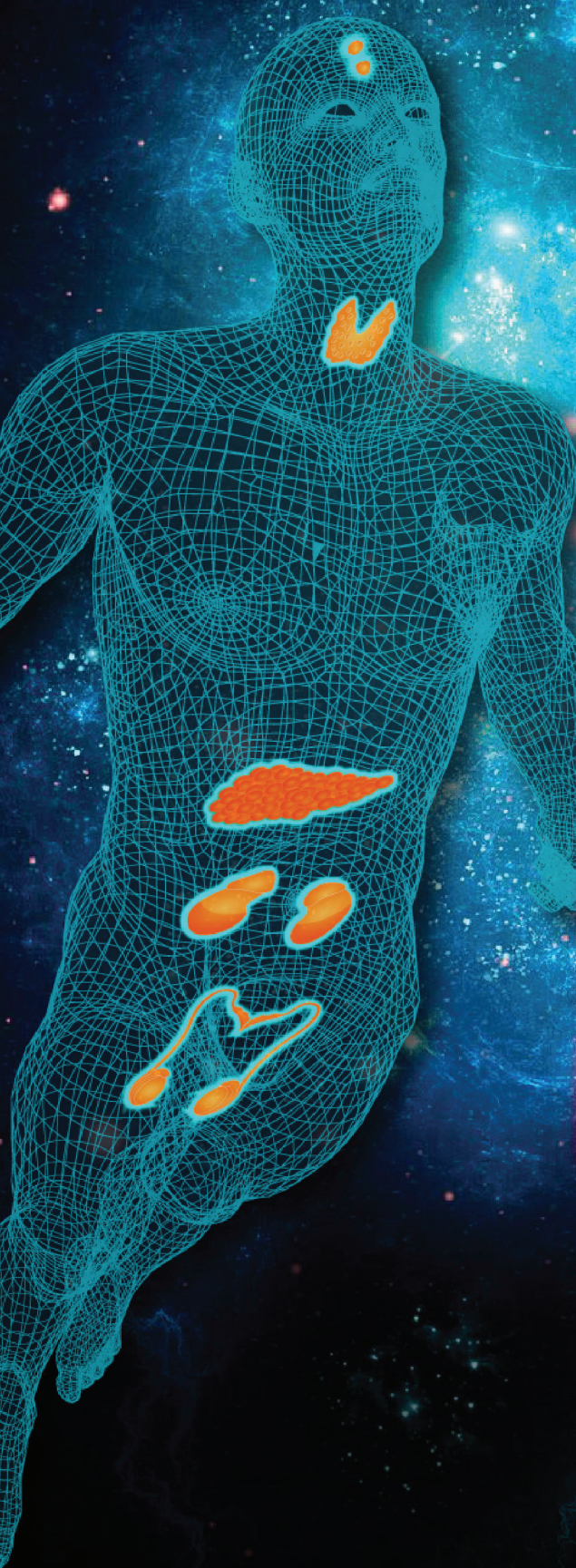
7-9 JULY 2023

Hilton Kuala Lumpur &
Le Méridien Kuala Lumpur

NAVIGATING THE
MULTIVERSE OF
ENDOCRINOLOGY



www.memsmac.org





Welcome Message by President of MEMS

Dear Friends & Colleagues,

Warmest Greetings from MEMS!

On behalf of the Malaysian Endocrine & Metabolic Society (MEMS), it is with great pleasure to invite you to attend the **13th MEMS Annual Congress (MAC)** to be held from the 7th to 9th of July 2023, at the Hilton and Le Méridien Kuala Lumpur. This is the first time we are having a full face-to-face conference since the Covid 19 pandemic.

The theme for this year **“Navigating the Multiverse of Endocrinology”** was carefully chosen to reflect the multi-speciality involvement in managing endocrine disorders. This emphasizes the importance of team work with different disciplines for a better management of our patients. Therefore, we have reached out to gather experts from various fields in and outside endocrinology to share their valuable insights in best clinical practice.

We have invited renowned international and regional speakers as well as senior and experienced local speakers who would share with us the latest updates and their clinical opinions on the topics. The topics that have been outlined address many clinical issues that are seen in primary and secondary care. We will have interactive quizzes to make it more fun and interesting for everybody and of course, there will prizes to be won! We hope that your experience attending MAC will be rewarding and fulfilling in many ways.

Our annual congress also has a program dedicated to researchers and scientists to present their work. We will be offering attractive incentives and prizes for those who walk away with awards in the various categories for oral and poster presentations. We invite you to submit your abstracts early by 15th May 2023 to be eligible in the running for Best Oral & Best Poster prizes.

We are excited to meet and network with everyone while exchanging the latest updates in the ever-evolving world of endocrinology. Welcome to MAC 13, and hope to see all of you!

Best Wishes,

Dr Nurain Mohd Noor

President, MEMS 2022-2024

Chairperson, 13th MEMS Annual Congress 2023

FRIDAY - 7th July 2023

0730 - 0820	Registration		
0820 - 0830	Opening Speech & Welcome Remarks <i>Nurain Mohd Noor, President MEMS</i>		
0830 - 0915	PLENARY 1: The Diabesity Pandemic - Is There Hope for Tomorrow? <i>Michael Lean</i>		
0915 - 0945	PLENARY 2: Recommendations from Malaysian Obesity CPG <i>Norlaila Mustafa</i>		
0945 - 1000	Legacy Award <i>Citation by Jeyakantha Ratnasingam</i>		
1000 - 1020	<i>Solve the Quiz!</i> / Tea Break / Trade Exhibition		
1020 - 1150	Symposium 1: THYROID <i>DTC - What's Next After Surgery?</i> <i>Vijay Ananda</i> <i>Non-iodine Avid DTC: What are the Options?</i> <i>Tan Teik Hin</i> <i>What's New in Undifferentiated Thyroid Cancer?</i> <i>Lavannia Rajaratenam</i>	Symposium 2: BONE METABOLISM <i>Update on Malaysian Osteoporosis CPG</i> <i>Yeap Swan Sim</i> <i>Tools to Tackle Hypocalcemia</i> <i>Chan Siew Pheng</i> <i>Dietary Calcium & Vitamin D - Are They Enough?</i> <i>Hew Fen Lee</i>	Symposium 3: PAEDIATRIC - DIABETES <i>T2DM and Obesity in Children & Adolescents: Nutritional Intervention</i> <i>Zaridah Zainuri</i> <i>International Society for Pediatric & Adolescent Diabetes (ISPAD) T1DM 2022 Guidelines. What is New?</i> <i>Muhammad Yazid Jalaludin</i> <i>Type 1 Diabetes: What is on the Horizon?</i> <i>Azriyanti Anuar Zaini</i>
1150 - 1230	MTE 1: Solving Bizarre TFTs <i>Serena Khoo</i>	MTE 2: Subclinical Thyroid Diseases Made Easy <i>Mafauzy Mohamed</i>	MTE 3: Optimising Bone Health in Children with Neurological Disorders <i>Leanne Ward</i>
1230 - 1330	DKSH Malaysia Lunch Symposium <i>Clarke Ballroom</i>	Servier Lunch Symposium <i>Ballroom B</i>	Abbott Laboratories Lunch Symposium <i>Ballroom C</i>
1330 - 1400	Trade Exhibition + <i>Spot It! Challenge</i> (Spot Diagnosis in Endocrinology) / Tea Break		

FRIDAY - 7th July 2023

1400 - 1440	MTE 4: Thickened Pituitary Stalk: Is it Harmful? <i>Mr Azmi Alias</i>	MTE 5: Pitfalls in Hyponatremia Management <i>Nor Azmi Kamaruddin</i>	MTE 6: Genitoplasty in CAH – Early vs Late: The Surgeon Perspective <i>Mr Mohd Yusof Abdullah</i> - Case Presentation on Infant & Adolescent with CAH by Noor Arliena
1440 - 1610	Symposium 4: ADRENAL <i>Wait and Watch Approach in Adrenal Nodule: Possible?</i> <i>Norlela Sukor</i> <i>Treatment Options and Barriers in Adrenocortical Carcinoma</i> <i>Subashini Rajoo</i> <i>Critical Illness-related Corticosteroid Insufficiency</i> <i>Sharmila Paramasivam</i>	Symposium 5: OBESITY <i>Intermittent Fasting: Yay or Nay</i> <i>Geeta Appannah</i> <i>Pharmacotherapy for Obesity: Newest and in the Pipeline</i> <i>Rohana Abdul Ghani</i> <i>Physical Activity: Benefits Beyond Weight Loss</i> <i>Mohd Nahar Azmi Mohamed</i>	Symposium 6: PAEDIATRIC PUBERTAL DISORDERS <i>Delayed Puberty in Boys – What to Do?</i> <i>Rashdan Zaki Mohamed</i> <i>Early Puberty In Girls - To Treat or not to Treat?</i> <i>Meenal Mavinkurve</i> <i>Menstrual Management In Adolescents with Intellectual Disability</i> <i>Ani Amelia Zainuddin</i>
1610 - 1700	Poster Presentation	Procter & Gamble High-Tea Symposium <i>Ballroom B</i>	Kyowa Kirin High-Tea Symposium <i>Ballroom C</i>
1700 - 1800	Trade Exhibition		



SATURDAY - 8th July 2023

0730 - 0810	Merck Breakfast Symposium		
0810 - 0855	PLENARY 3: Testosterone and Diabetes in Men: Current Concepts and Controversies <i>Bu Yeap</i>		
0855 - 0915	Special Tribute Dedicated to Prof Dato' Dr Khalid Abd Kadir and Prof Rokiah Pendek <i>Tribute presented by Prof Norlaila Mustafa & Prof Shireene Ratna Vethakkan</i>		
0915 - 1000	PLENARY 4: Dyslipidemia in Children and Adolescents <i>Fabian Yap</i>		
1000 - 1020	<i>Solve the Quiz!</i> / Tea Break / Trade Exhibition		
1020 - 1150	Symposium 7: DIABETES MELLITUS <i>Type1 DM versus LADA</i> <i>Vijiya Mala Valayatham</i> <i>Type1, Type2 or Type3 Diabetes?</i> <i>Florence Tan</i> <i>TIR Versus HbA1c</i> <i>Foo Siew Hui</i>	Symposium 8: PITUITARY <i>Incidentally Found Pituitary Adenoma: What To Do?</i> <i>Jeyakantha Ratnasingam</i> <i>Clinical Clues to Recognize Acromegaly</i> <i>Rajasoorya C</i> <i>Does Hyperprolactinemia "equals" Prolactinoma?</i> <i>Wan Juani Wan Seman</i>	Symposium 9: PAEDIATRIC GROWTH DISORDERS <i>Growth Disorders in Oncology Survivors</i> <i>Nurshadia Samingan</i> <i>Growth Hormone Deficiency in Infants – Do They Need Treatment?</i> <i>Jeanne Wong</i> <i>Growth Hormone Therapy in Russel-Silver and Noonan Syndrome – Efficacy & Safety</i> <i>Arini Nuran Md Idris</i>
1150 - 1230	MTE 7: HIV Related Endocrinopathies <i>Alexander Tan</i>	MTE 8: Polyuria – Is It Just Diabetes Mellitus? <i>Rajasoorya C</i>	MTE 9: Hypoglycaemic Disorders - From Infancy to Adolescence <i>Suhaimi Hussein</i>
1230 - 1330	Novo Nordisk Pharma Lunch Symposium <i>Clarke Ballroom</i>	Zuellig Pharma Lunch Symposium <i>Ballroom B</i>	Boehringer Ingelheim Lunch Symposium <i>Ballroom C</i>
1330 - 1400	Trade Exhibition + <i>Spot It! Challenge</i> / Tea Break		
1400 - 1440	MTE 10: Slaying the Dynamic Tests (Interpretation of ARR/SST/AVS/IPSS) <i>Ijaz Hallaj Rahmatullah & Yusniza Yusoff</i>	MTE 11: The Bones, Stones and Moans <i>Norhaliza Mohd Ali & Loh Huai Heng</i>	MTE 12: Orthopaedic Intervention in Children and Adolescents with Osteogenesis Imperfecta: When and What <i>Abdul Halim Abdul Rashid</i> <i>- Case presentation by Annie Leong</i>

SATURDAY - 8th July 2023

1440 - 1610	Symposium 10: ANDROLOGY <i>Hypogonadal Men: Is There Fertility Chances?</i> <i>Mohamed Hatta Tarmizi</i> <i>LOH - To Treat or not to Treat?</i> <i>Yong Sy Liang</i> <i>Testosterone, Cardiovascular Health and Male Longevity</i> <i>Bu Yeap</i>	Symposium 11: ENDOCRINE DISORDERS IN PREGNANCY <i>Prenatal Planning for Thyroid Diseases</i> <i>Shireene Ratna Vethakkan</i> <i>Hypothyroidism in Pregnancy Simplified</i> <i>Kuan Yueh Chien</i> <i>Diabetes During Pregnancy and Beyond</i> <i>Nurain Mohd Noor</i>	Symposium 12: REPRODUCTIVE ENDOCRINOLOGY <i>Advances in PCOS</i> <i>Lim Siang Chin</i> <i>Functional Amenorrhea – Harmless or Harmful?</i> <i>Wong Ming</i> <i>Estrogen Replacement & Fertility n Turner Syndrome</i> <i>Lee Yee Lin</i>
1610 - 1700	Oral Presentation (Young Investigator Award)	DKSH Malaysia High-Tea Symposium <i>Ballroom B</i>	Sanofi Aventis High-Tea Symposium <i>Ballroom C</i>
1700 - 1800	Trade Exhibition		

SUNDAY - 9th July 2023

0750 - 0830	Amgen Biopharmaceuticals Breakfast Symposium		
0830 - 1000	Symposium 13: PANCREAS <i>Utilizing EUS in Endocrine Diseases</i> <i>Chen Harn Chin</i> <i>Functioning Pancreatic NETS - The Dos and Don'ts</i> <i>Zanariah Hussein</i> <i>Surgical Versus Non-surgical Management of Pancreatic Nodules</i> <i>Krishnan Raman</i>	Symposium 14: DIABETES & CV <i>Insight Into Diabetes Cardiomyopathy</i> <i>TBC</i> <i>The Role of Precision Medicine in Cardio-Diabetology</i> <i>Lim Lee Ling</i> <i>Diabetes Remission and Cardiovascular Risk Reduction</i> <i>Michael Lean</i>	Symposium 15: ADOLESCENT ENDOCRINOLOGY <i>Gender Dysphoria</i> <i>Nalini Selveindran</i> <i>Hyperandrogenism In Adolescent Females</i> <i>Wu Loo Ling</i> <i>Growth Hormone Deficiency Transition from Childhood to Adulthood</i> <i>Fabian Yap</i>
1000 - 1030	Tea Break / Trade Exhibition		
1030 - 1115	DEBATE: Long Term ATD versus RAI <i>Azraai Nasruddin vs Malik Mumtaz</i>		
1115 - 1200	AstraZeneca Lunch Symposium		
1200 - 1230	Prize giving / Closing ceremony		

Organising Committee

Organising Chairperson & Honorary Advisor	Dr Nurain Mohd Noor <i>Consultant Endocrinologist, Hospital Putrajaya</i>
Scientific Chairperson	Dr Masni Mohamad <i>Consultant Endocrinologist, Hospital Putrajaya</i>
Scientific Co-Chairpersons	
Adult Session	Dr Tong Chin Voon <i>Consultant Endocrinologist, Hospital Melaka</i>
Paediatric Session	Dr Wong Sze Lyn Jeanne <i>Consultant Paediatrician & Paediatric Endocrinologist Sunway Specialist Centre Damansara, Kota Damansara</i>
Committee Members	Assoc Prof Dr Lim Lee Ling <i>Consultant Endocrinologist, University Malaya Medical Centre</i>
	Dr Noor Arliena Mat Amin <i>Paediatric Endocrinologist, Hospital Putrajaya</i>
	Dr Noor Lita Adam <i>Consultant Endocrinologist, Hospital Tuanku Ja'afar</i>
	Dr See Chee Keong <i>Consultant Endocrinologist, Hospital Sultan Haji Ahmad Shah Temerloh</i>
	Ms Cheah Yet Mei <i>Manager, Malaysian Endocrine & Metabolic Society</i>

Conference Registration

REGISTRATION FEES*

Category	Early Bird Registration by 30th April 2023	Late Registration
Basic Scientist / Allied Healthcare	RM 690	RM 790
MEMS Member / Trainee*	RM 790	RM 890
Medical Professional	RM 890	RM 990
AFES Trainee**	USD 250	USD 300
International Delegate	USD 350	USD 400

* Fees stated above exclude Government taxes, levies or charges. Any taxes, levies or charges which may be introduced & subjected in accordance with Malaysian Government Legislation will be additional to the prices quoted.

** Self-paying rates

PAYMENT

If you are making payment via telegraphic transfers, bank charges are to be borne by the delegate.

All payments must be made to the following account:

Account Name : **Malaysian Endocrine & Metabolic Society**

Account No. : **80-0050502-9**

Bank Name : **CIMB Bank**

Bank Address : **No. 64, Wisma Jayanita, Jalan Raja Muda Abdul Aziz, Kampung Baru, 50300 Kuala Lumpur**

Bank Tel. : **+603 – 2694 9303**

SWIFT Code : **CIBBMYKL**

CANCELLATION & REFUND POLICY

Any cancellation of registration should be communicated in writing to MAC 13 Congress Secretariat via email to **secretariat@memsmac.org** and will be subject to the following conditions:

- **Cancellation received ON or BEFORE 30th APRIL 2023**
Refund of the registration fee minus an administrative charge of RM200 for local delegates and USD50 for international delegates. All refunds will be processed after the congress.
- **Cancellation received AFTER 30th APRIL 2023**
No refund will be made. Nevertheless, a substitute delegate will be most welcome (kindly refer to the Name Change / Substitution' clause below for further information)

- **No Show**

No refund will be made.

- **Name Change / Substitution**

All registrations are only valid for the respective person mentioned in the Registration Form. A registered delegate unable to attend the Congress may nominate (free of charge) a substitute delegate by notifying in writing to the Congress Secretariat by **25th JUNE 2023** with complete information as required in the online registration form.

Certificate of Attendance

After the conference, you may log in to your MAC 13 account to download your e-certificate under **DASHBOARD** after submitting your feedback form.

Disclaimer

Whilst every attempt is made to ensure that all aspects of the conference as mentioned in this announcement will take place as scheduled, the Organising Committee reserves the right to make last minute changes should the need arise.

Abstract Submission Guidelines

Important Dates



Call for abstracts open:
15th March 2023



Abstract submission deadline:
15th May 2023



Abstract acceptance notification by
22nd June 2023



Payment deadline for accepted
abstracts:
30th June 2023



Conference:
7th- 9th July 2023

Eligibility Criteria:

1. Abstract submission is open to both local and international delegates.
2. All abstracts submitted must be in English.
3. Once an abstract is selected, at least one of the authors of the poster **MUST** register for the conference. Payment for conference registration should reach the Conference Secretariat before 30th June 2023 to ensure that your abstracts will be published in the abstract book.
4. The abstract title should not exceed 120 characters.
5. The abstract should not exceed 300 words.
6. Abstracts submitted must follow the abstract submission guidelines, instructions and required information as stated. The MAC 13 Scientific Committee reserves the rights to disqualify the abstract if any needs are not met.
7. Encore Abstracts will not be accepted. (ie re-submission of an original abstract with minor changes and a different name as the author of the abstract.)
8. For further details on registration, fees and payments for the conference, kindly visit www.memsmac.org

Abstract Submission Guidelines

1. Please read the instructions carefully, as abstracts submitted not according to these instructions will not be accepted.
2. Abstracts can only be submitted electronically through the official Conference website (www.memsmac.org). Abstract sent by post, fax or email **WILL NOT BE ACCEPTED**. Delegates may submit more than ONE abstract (please use the same email address).
3. Only submissions received by 15th May 2023 will be eligible for Best Oral & Best Poster prizes.
4. Your abstract will be published in the e-abstract/e-programme book as submitted. Please ensure you check your data carefully before submitting.
5. All submitted abstracts will undergo a peer-review process by a panel of expert reviewers. Accepted abstracts will be selected for either oral or poster presentation. The MAC 13 Scientific Committee reserves the right to re-categorise any accepted abstract.
6. Abstract submitters will be informed of the status of their abstracts once the reviewing process is completed.
7. Authors will be notified of the method of presentation, which will be decided by the MAC 13 Scientific Committee.
8. All accepted abstracts will be published in a supplementary copy of the Journal of the ASEAN Federation of Endocrine Societies (JAFES) as submitted. Please ensure you check your data & manuscript carefully before submitting.
9. The decision of the Scientific committee and Judges are final. No appeal will be entertained.

Abstract Submission Guidelines

Young Investigator Award:

Abstracts submitted for Oral Presentation may be selected in the running for Young Investigator Award if it meets the following conditions:

1. The first author/presenter must be 40 years old or less
2. The work submitted may be from any related topics for MAC 13.
3. The bulk of work which is submitted must be performed by the author himself/herself.
4. Authors of submitted abstracts are required to register for the congress.
5. The author himself/herself should present the paper during the congress as a finalist for the Young Investigator Award.

A panel of judges shall decide on the winners and the judges' decision is final.

Abstract Categories

1. Adults
 - Diabetes mellitus
 - Obesity
 - Thyroid
 - Adrenal
 - Pituitary/Neuroendocrinology
 - Parathyroid/Bone & Calcium Metabolism
 - Reproductive Endocrinology
 - Others (please specify)
2. Paediatric
3. Basic Science [Including Covid & Endocrine Diseases]

Submission Instructions

Category:

Select the category which BEST describes the content of your abstract. Categories are used for reviewing and indexing purposes.

Abstract title:

The title is limited to 120 characters excluding spaces and should be brief and relevant. Special characters should NOT be used in your title but spelt out instead (e.g. α should be written as alpha, β as beta). Only use standard abbreviations and generic drug names in the title. Capitalise each word in the title.

Abstract body:

- **Structure:** The abstract should have the following sub-headings: - Introduction, Methods, Results, and Conclusion.
- **Layout:** Please fill in according to the sections provided. Do not include graphs, tables or illustrations in the abstract.
- **Word count:** The abstract is limited to 300 words.
- Only commonly accepted abbreviations should be used (e.g. OGTT, IGT, ACEI). Less widely recognized abbreviations may be used if introduced on first usage (e.g. ambulatory blood pressure monitoring, ABPM).
- Only approved and generic (non-proprietary) drug names should be used.
- Do NOT enter the title, authors, or grant information into the abstract body submission field.

Please ensure that your abstract does not contain spelling, grammatical or scientific errors, as it will be published in the e-abstract/e-programme book exactly as submitted.

Important Dates!



Early Bird Registration Deadline:
30th April 2023



Abstract Submission Deadline:
15th May 2023

For enquiries please contact:

MAC 13 Secretariat

c/o Medical Conference Partners

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Selangor, Malaysia

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