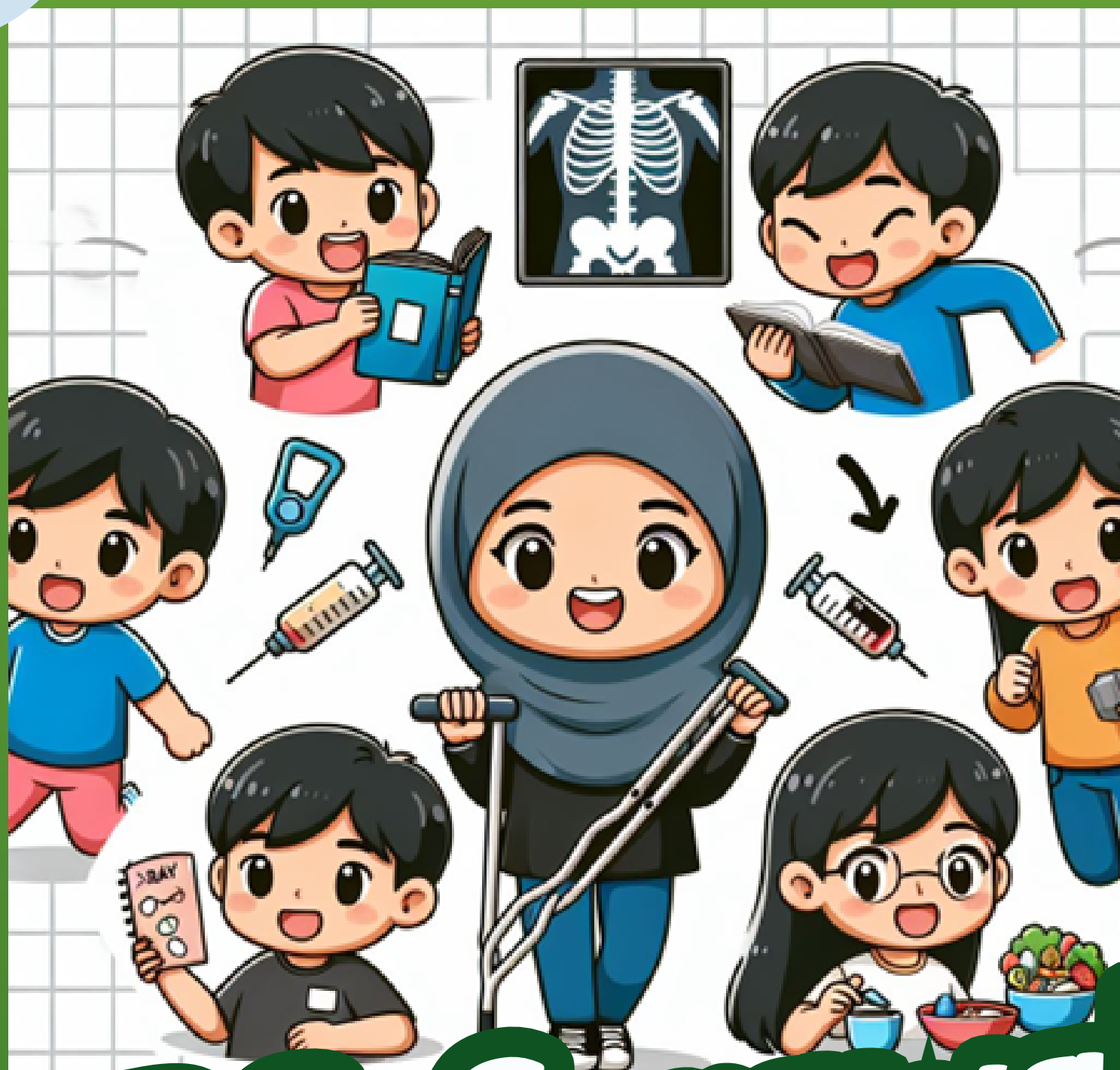
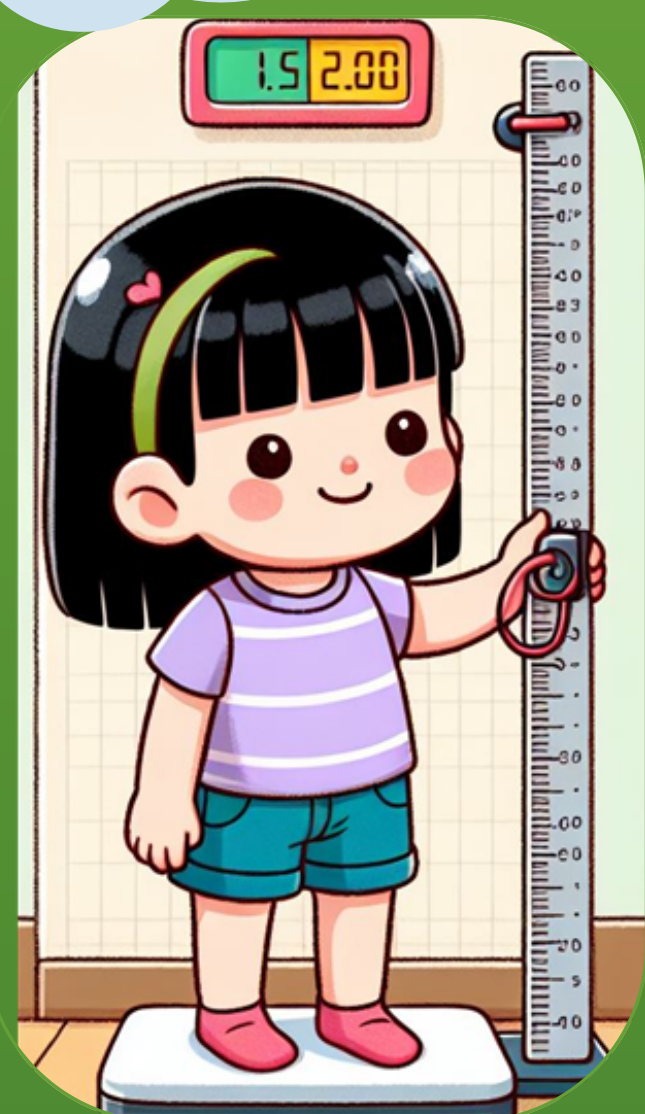


16 CPD points  
are available !



# MPEDG-Sarawak Paediatric Endocrine Seminar 2025

**From Tiny to Mighty: Measuring Up  
and Weighing In!**

Registration fee:  
-Doctors: RM220  
-Others: RM160



**DATE**  
Aug 23-24, 2025  
(Saturday & Sunday)



**PLACE**  
CRC Auditorium,  
Sarawak General Hospital



**TARGET PARTICIPANTS**  
Paediatricians, Family Medicine  
Specialists, Medical Officers,  
General Practitioners, Nurses,  
Allied Health Professionals

#### Topics included:

- Unfolding the myth of growth related issues
- Winning the war against diabetes pandemic
- Skeletal disorders made easy
- Pubertal disorders



**REGISTER TODAY!**

<https://forms.gle/A7N6V9TtCjjXfjg3A>

For enquiries:  
[mpedgsarawaksgh@gmail.com](mailto:mpedgsarawaksgh@gmail.com)

Collaborators:







# MPEDG-Sarawak Paediatric Endocrine Seminar 2025

## Programme

Day 1: 23-8-2025 (Saturday)

|               |                |
|---------------|----------------|
| 0730 - 0800 H | Registration   |
| 0800 - 0815 H | Opening speech |

### SYMPOSIUM 1: SHORT STATURE

**MERCK**

|               |                                                                                                         |
|---------------|---------------------------------------------------------------------------------------------------------|
| 0815 - 0845 H | Short stature: the role of primary care physicians, general paediatricians, medical officers and nurses |
| 0845 - 0915 H | Small for gestational age: Management from infancy to early adulthood                                   |
| 0915 - 0945 H | Turner syndrome: Not just about short stature                                                           |
| 0945 -1000 H  | Q & A session                                                                                           |
| 1000 - 1030 H | Tea break & booth visiting                                                                              |
| 1030 - 1100 H | Case discussion: Embracing the diversity of growth                                                      |
| 1100 - 1130 H | The indications and safety of growth hormone therapy                                                    |
| 1130 - 1200 H | Unmasking hypothyroidism                                                                                |
| 1200 - 1215 H | Q & A session                                                                                           |
| 1215- 1230 H  | Quiz                                                                                                    |
| 1230 - 1330 H | Lunch & booths visiting                                                                                 |

### SYMPOSIUM 2: BONE HEALTH

 **Hyphens**  
Asean's Specialty Pharma Company

|               |                                                                           |
|---------------|---------------------------------------------------------------------------|
| 1330 - 1400 H | Bone deformity and short stature                                          |
| 1400 - 1430 H | The sequelae of vitamin D deficiency and management                       |
| 1430 - 1445 H | Q & A session                                                             |
| 1445 - 1515 H | Tea break & booth visiting                                                |
| 1515- 1615 H  | MDT: Radiographic findings in children and adolescents with bone concerns |
| 1615 - 1645 H | Rickets: congenital versus acquired causes                                |
| 1645 - 1700 H | Q & A session                                                             |
| 1700 - 1715 H | Quiz                                                                      |

# MPEDG-Sarawak Paediatric Endocrine Seminar 2025

## Programme

Day 2: 24-8-2025 (Sunday)



### SYMPOSIUM 3: OBESITY

|               |                                                                                                                                                                   |
|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 0800 - 0830 H | The pandemic of obesity in children and adolescents: causes, screening and diagnosis                                                                              |
| 0830 - 0900 H | Motivational interviewing                                                                                                                                         |
| 0900 - 0930 H | Prescribing exercise therapy                                                                                                                                      |
| 0930 - 0945 H | Q & A session                                                                                                                                                     |
| 0945 - 1015 H | Tea break & booth visiting                                                                                                                                        |
| 1015 - 1045 H | Rapid fire session: Is calorie counting the way to go for overcoming obesity?                                                                                     |
| 1045 - 1115 H | Too fast, too soon: Diagnosis & management of precocious puberty             |
| 1115 - 1130 H | Q & A session                                                                                                                                                     |
| 1130 - 1200 H | Polycystic ovarian syndrome in adolescents                                                                                                                        |
| 1200 - 1230 H | Adolescent obesity care: Integrating pharmacology for lasting health impact  |
| 1230- 1245 H  | Q & A session                                                                                                                                                     |
| 1245 - 1300 H | Quiz                                                                                                                                                              |
| 1300 - 1400 H | Lunch & booth visiting                                                                                                                                            |

### SYMPOSIUM 4: DIABETES MELLITUS

|               |                                                                                            |
|---------------|--------------------------------------------------------------------------------------------|
| 1400 - 1430 H | Type 2 diabetes mellitus in children and adolescents: screening, diagnosis, complications  |
| 1430 - 1500 H | Non-insulin based pharmacotherapeutic options in adolescents with type 2 diabetes mellitus |
| 1500 - 1515 H | Q & A session                                                                              |
| 1515 - 1530 H | Tea break & booth visiting                                                                 |
| 1530 - 1600 H | Optimising blood glucose control in type 1 diabetes mellitus                               |
| 1600 - 1630 H | What should you know about metabolic dysfunction-associated fatty liver disease?           |
| 1630 - 1645 H | Q & A session                                                                              |
| 1645 - 1700 H | Quiz & prize giving                                                                        |